

# Pandemic Parenting

FREE RESOURCES TO ENCOURAGE FAMILIES

## ON DEMAND WEBINARS

NOW AVAILABLE ON OUR WEBSITE

Staying home has its challenges, especially for parents. Whether you're dealing with behavioral challenges or struggling to keep a routine, we're here for you. Our specialists are sharing in-depth conversations paired with easy-to-implement strategies to help you navigate through this tough time.

## CHAT WITH CHADDOCK

THURSDAYS FROM 5:30-6:30PM CST

Join us for a live question and answer session with our team of specialists via Zoom. We understand that you are balancing a lot, which is why we welcome you to stay for this live event for as long as you like! Bring your questions or tune in to see what other parents are asking.

### ZOOM ROOM

<https://zoom.us>  
Meeting ID:  
994-1604-8261

## PARENTING SURVIVAL GUIDE

FREE ONLINE DOWNLOAD

Karen Doyle Buckwalter, LCSW, RPT-S has been with our organization for over 25 years. Co-Author of Raising the Challenging Child, she has curated a custom e-book just for parents, who may be struggling with their kids at home. She's combined lessons from the book along with vast knowledge from working with challenging children and adolescents to bring you fresh ideas that you can try today!